



B U N D A B E R G

HEALTH PROMOTIONS

ANNUAL REPORT
2012 / 2013

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CHAIRMAN'S REPORT

Bundaberg Health Promotions Ltd (BHPL) has expanded its range of activities which can now be summarised according to the attached graphic.

Cardiac rehabilitation is still an important aspect of the organisation. This past year has seen further program development and an important increase in activity in the water exercise participation rates. Changes have also been introduced in the patient education program which has seen its highest ever participation rates. Recent discussion with Bundaberg Hospital staff has seen the addition of a Respiratory rehabilitation program which will commence 1 July 2013 and will be partly funded by Wide Bay Hospital and Health Service.

The Branyan GP Super Clinic has increased its medical staff during the past year to include one full-time and three part-time GPs. There is still considerable capacity for additional medical staff and recruiting efforts are ongoing. The clinic also hosted Hinkler Medical Centre for six months after the Bundaberg floods.

Supporting the programs outlined above are the physical plants including Bundaberg Health Promotions Place and the HeartStart Pavilion. Bundaberg Health Promotions Place is also host to several tenants including the Wide Bay Public Health Unit and an allied health training unit operated by Central Queensland University. The HeartStart Pavilion was damaged by flooding in January 2013 but has been fully restored as a result of a \$25,000 grant by the Queensland Rural Adjustment Authority. Medical equipment in the Pavilion was replaced by a \$10,000 grant provided by National Australia Bank.

BHPL has accepted a local role in health advocacy as espoused by many of the Australian specialist medical colleges and informed by science. This has led BHPL to make public comment in support of cycle pathways and water fluoridation. It can be anticipated that BHPL will continue to develop and promote policy in matters of public health relevant to the Bundaberg community.

After a hiatus of 3 years, the Wide Bay Hospital and Health Service has re-engaged with BHPL and nominated their CEO to be a Board member. Adrian Pennington is warmly welcomed to the position of a non executive director of the BHPL board.

A/Prof Martin Strahan



HeartSTART PROGRAM REPORT

Throughout 2012/13 the HeartStart Program has continued its delivery of exercise programs and education for primary prevention of heart disease and secondary prevention in the form of Phase 111 Cardiac Rehabilitation.

The Cornish Walking Track Program has continued to provide an environment where patients can rehabilitate from cardiac event/surgery or begin exercising to prevent the onset of heart disease with the supervision of an Exercise Professional and Nurse and with a structured exercise program. In 2013 the Walking Track Program increased its services offering 2 sessions on 3 days per week which participants can attend. In 2013 the Track has seen between 40 and 50 participants attend each morning.

The Water Aerobics 4 Heart Program has continued as an essential part of the exercise component of the HeartStart Program. The Hydrotherapy sessions are provided 3 times per week at the Bundaberg Swimming Academy with 15-20 participants on average attending each session. This form of exercise has been an integral part of the program in providing referred patients with locomotor disabilities the opportunity to complete aerobic exercise.

In 2012/13 the Wellness Education Series has been supported by local Health Professionals who donate their time to present information that assists participants in behavioural change and lifestyle education to improve health. These sessions have been invaluable and well supported by participants with up to 35 people attending each session in which topics include Nutrition, Stress Management, Relaxation and Sleep, Diabetes, Exercise and Body Management, Medication Adherence and Self-Management.

The HeartStart Clinical Advisory Committee continued to provide clinical input and support for HeartStart staff. The Committee was chaired by Dr Hermann Wittmer (Bundaberg Cardiology) and members included representatives from Friendly Society Hospital, local GP's, Heart Support Australia and Wide Bay Hospital & Health Service. In June 2013 the HeartStart Program expanded its services to once again include Phase 11 Rehabilitation as the local hospital ceased its operations of this program.



HeartSTART Program Director, Jessica Auer (second from right), with walkers.

BACK ON TRACK POST FLOODS

In January 2013 the Bundaberg Region was devastated by Tropical Cyclone Oswald and associated rainfall and flooding. The HeartStart Cornish Walking Track and Pavilion located on the North side of Bundaberg in the centre of the flood zone was inundated with water and debris.

The HeartStart Walking Program commenced its services at an alternate location being West Primary School Oval on the 18th February 2013. Walking continued at this facility for 2 months until the Track and Pavilion were deemed safe for commencement of operations again.

The HeartStart Pavilion was refurbished with stainless steel cabinetry and all medical equipment replaced with the assistance of funding from ORRA, NAB and Heart Support Australia (HSA) – Bundaberg Branch. A considerable amount of support and assistance was provided by HSA Bundaberg Members and HeartStart Program participants to assist in the clean-up and restoration of facilities at the Walking Track.

A HeartStart Pavilion Re-opening Breakfast was held on Friday 28th June 2013 in which BHPL Board members, current and past participants and clinical advisory committee members enjoyed a continental breakfast.



HeartSTART Pavilion & Walking Track

Branyan GP Super Clinic Report

Branyan GP Super Clinic offers a full range of General Practice services including acute walk in presentations and booked appointments, with an increasing emphasis on chronic disease management and preventative health care. Currently 1 FullTime Locum, 3 PartTime GPs Doctors (1 FTE) provide appointments to patients Monday – Friday from 8:30am – 5:30pm. Our doctors are supported by 3 part time nurses (1 FTE) specialising in Chronic Care Planning, Lactation Consultant, Womens and Childrens Health, Immunisation, PAP Smear Provider, HeartStart Program Nurse and General Practice nursing.

The clinic operates as a multidisciplinary centre providing Psychologist, Diabetes Educator, Occupational Therapy, Physiotherapy, Audiometry, HeartStart Cardiac and Pulmonary Rehabilitation Program. Pathology services are provided in the clinic by S&N Pathology Monday – Friday 9:00am – 12:00pm.

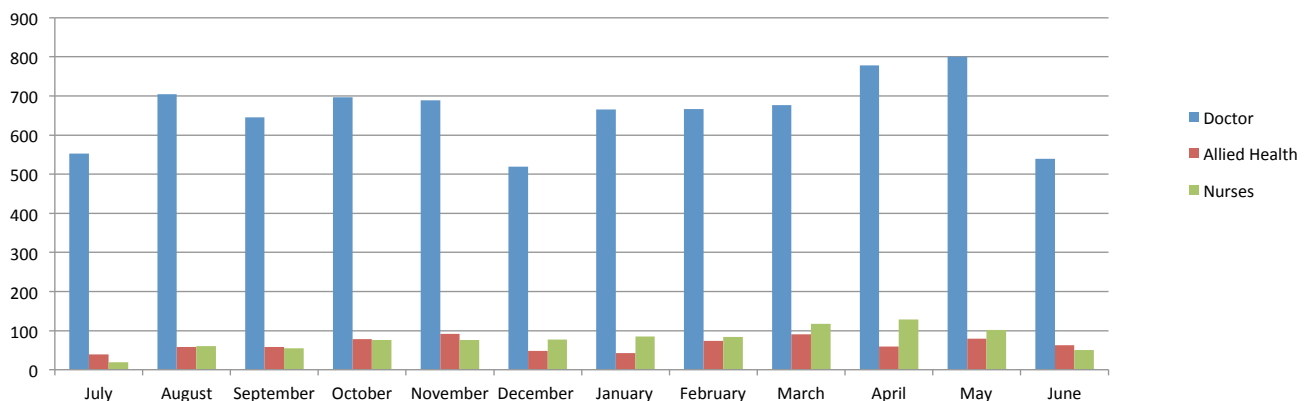
In January 2013 a survey team from the Australian General Practice Accreditation Limited (AGPAL) acknowledged the significant investment our clinic staff has made, in providing quality care on a day-to-day basis. APGAL has endorsed our clinic, granting full accreditation until the 10th March 2016.

During the period of January to June 2013, Hinkler Family Practice joined our clinic following the disastrous flooding on Australia Day 2013. Whilst this period was an incredibly busy and constantly changing environment and challenging time for all staff members of both practices, the two clinics were able to work together to deliver the professional, friendly and caring day to day service needed to ensure patients and staff were supported during this time of recovery and rebuilding. Since Hinkler Family Practice has returned to their previous site I believe our clinic has been a better place for our patients with a less frenetic and more personalised environment.

Tenancy of the upstairs area was secured by the Wide Bay Health Unit in September 2012 and Central Queensland University (CQU) School of Physiotherapy in November 2012.

Their involvement by supporting the integration of teaching and research within our education and health facility has been demonstrated by their willingness to participate in interdisciplinary training and education programs and presentation days run and held within the Branyan GP Super Clinic's modern and stylish facilities.

Patients seen by BGPSC July 2012/June 2013

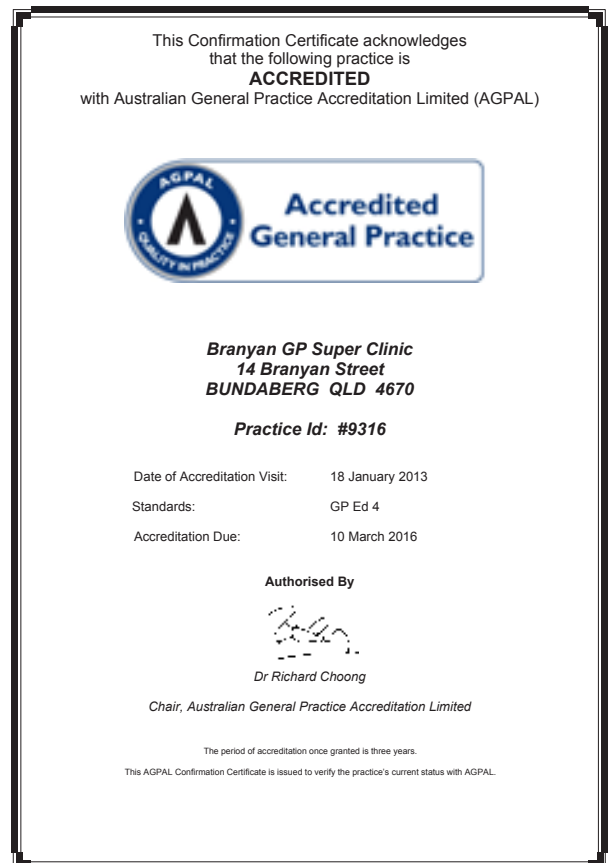




"New addition to BGPSC sign identifying university affiliations"



"Indigenous artwork in BGPSC reception area"



Dr Cathy Speight (dentist) addressing a water fluoridation meeting

SUMMARISED FINANCIAL REPORT - PROFIT & LOSS

Bundaberg Health Promotions Ltd

ABN: 72 071 910 631

Statement of Income and Expenditure for the year Ended 30 June 2013

| | 2013 | 2012 |
|--|------------------|----------------|
| | \$ | \$ |
| Income | | |
| Sponsorship Friendly Society Private Hospital | 12,000 | 12,000 |
| Sponsorship Bundaberg Specialist Centre | 16,000 | 12,000 |
| Sponsorship Queensland Health | 128,500 | 101,045 |
| HeartStart Donations to Gift Fund | 10,719 | 1,594 |
| HeartStart Interest | 843 | 4,006 |
| HeartStart Grants | 23,621 | |
| HeartStart Project Management | | 60,000 |
| HeartStart Other Income | | 171 |
| BGPSC Medical Fee Income | 473,316 | 109,764 |
| BGPSC Tenant Income | 228,306 | 20,553 |
| BGPSC Recurrent Funding | 150,000 | 150,000 |
| BGPSC Cwth Govt Income on Capital Funding | | 183,736 |
| BGPSC Cwth Govt recognition of Capital Funding | 234,633 | 67,762 |
| BGPSC Other Income | 3,615 | 15,777 |
| BGPSC Interest | 7,697 | 46,426 |
| Total Income | 1,289,250 | 784,834 |
| Expenses | | |
| HeartStart Employment Costs | 83,851 | 102,091 |
| HeartStart Depreciation | 3,544 | 1,794 |
| HeartStart Other Costs | 30,805 | 17,120 |
| BGPSC Medical Services & Agency Fees | 380,784 | 156,788 |
| BGPSC Employment Costs | 239,758 | 110,131 |
| BGPSC Depreciation | 127,226 | 47,621 |
| BGPSC Other Costs | 138,608 | 84,299 |
| Total Expenses | 1,004,576 | 519,844 |
| Net Profit | 284,674 | 264,990 |

SUMMARISED FINANCIAL REPORT - BALANCE SHEET

Bundaberg Health Promotions Ltd

ABN: 72 071 910 631

Statement of Financial Position for the Year Ended 30 June 2013

| | 2013 | 2012 |
|--|------------------|------------------|
| Assets | | |
| Current Assets | | |
| Cash and cash equivalents | 146,175 | 160,584 |
| Accounts receivable & other debtors | 1,717 | 751 |
| Other current assets | 4,810 | 7,551 |
| Total Current Assets | 152,702 | 168,886 |
| Non Current Assets | | |
| HeartStart Pavilion at Cost | 101,678 | 98,857 |
| HeartStart Pavilion Accumulated Depreciation | - | 3,110 |
| HeartStart Plant & Equipment at Cost | 11,281 | 9,975 |
| Heart Start Plant & Equipment Accumulated Depreciation | - | 7,797 |
| BGPSC Buildings at Cost | 2,926,394 | 2,815,473 |
| BGPSC Buildings Accumulated Depreciation | - | 91,792 |
| BGPSC Plant and Equipment at Cost | 353,877 | 345,187 |
| BGPSC Plant and Equipment Accumulated Depreciation | - | 83,055 |
| BGPSC Land at Cost | 1,457,731 | 1,457,731 |
| BGPSC Land Improvements at Cost | 291,008 | 290,408 |
| Total Non-Current Assets | 4,956,213 | 4,962,645 |
| Total Assets | 5,108,915 | 5,131,532 |
| Liabilities | | |
| Current Liabilities | | |
| Accounts payable and other payables | 349,333 | 421,991 |
| Total Current Liabilities | 349,333 | 421,991 |
| Non Current Liabilities | | |
| Accounts payable and other payables | 4,162,972 | 4,397,605 |
| Total Non Current Liabilities | 4,162,972 | 4,397,605 |
| Total Liabilities | 4,512,305 | 4,819,596 |
| Net Assets | 596,610 | 311,936 |
| Equity | | |
| Retained Surplus | 596,610 | 311,936 |
| Total Equity | 596,610 | 311,936 |

The complete Statutory Report is available upon request

AUDITOR'S REPORT

DGZ CHARTERED
ACCOUNTANTS

PARTNERS
Bradley V Croghan B.Bus. (Acc.) FPA
Scott D Croghan B.Bus. (Acc.) CA
Wendy M Redshaw B.Bus. (Acc.) CA
Karen L Peali B.Com. (Acc.) CA (Cde)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF BUNDABERG HEALTH PROMOTIONS LTD

Report on the Financial Report

We have audited the accompanying financial report of BUNDABERG HEALTH PROMOTIONS LTD, which comprises the statement of financial position as at 30 June 2013, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the directors' declaration.

Directors' Responsibility for the Financial Report

The directors of the company are responsible for the preparation of the financial report that gives a true and fair view in accordance with the Australian Accounting Standards and the Corporations Act 2001 and for such internal control as the directors determine is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation of the financial report that gives a true and fair view in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit, we have complied with the independence requirements of the Corporations Act 2001. We confirm that the independence declaration required by the Corporations Act 2001, which has been given to the directors of BUNDABERG HEALTH PROMOTIONS LTD, would be in the same terms if given to the directors as at the time of this auditor's report.


Opinion

In our opinion, the financial report of BUNDABERG HEALTH PROMOTIONS LTD is in accordance with the Corporations Act 2001, including

- i. giving a true and fair view of the company's financial position as at 30 June 2013 and of its performance for the year ended on that date; and
- ii. complying with Australian Accounting Standards and the Corporations Regulations 2001

DGZ
Chartered Accountants

22nd August 2013


Mr Bradley V Croghan
Partner

24 Barclay Street
BUNDABERG QLD 4670

Liability limited by a scheme approved under Professional Standards Legislation

24 Barclay Street
Cnr Woodroome and Barclay Streets
PO Box 2935 Bundaberg QLD 4670


Chartered Accountants

Phone (07) 4132 4677
Fax (07) 4132 1001

2012 - 2013 BOARD MEMBERS



CHAIRMAN

A/Prof Martin Strahan

MB BS DrPH FRACP FRCP FAFPHM FACPM
Consultant Physician/Public Health Physician
Associate Professor of Medicine, University of
Queensland School of Medicine
Director, Bundaberg Specialist Centre
Chairman, Acorn Child Care Centres



SECRETARY

Mr Tony Arvidsson

Former National
Vice-President, Heart
Support Australia



VICE CHAIRMAN

Mr Alan Cooper

RN, DipAppSc Nursing Ed,
B.Bus Health Admin, MBA, FACN, GAICD
CEO, Friendly Society Private Hospital
CEO, Friendly Society Pharmacy
Director, Australian Private Hospitals Association
Vice President, Private Hospitals Association
of Queensland



TREASURER

Mr Doug Burns

BA CPA
Certified Public
Accountant
Executive Director/
Licensee, Acorn Child
Care Centres



Dr Denise Powell

MB BS FRACGP FASBP, G.Dip Hum Nut, G.Dip
Fam Med, M.Fam Med
General Practitioner
Practice Principal, Millbank Medical Practice
Board member, Wide Bay Hospital & Health
Service
VMO Breast Physician, Wide Bay Breast
Screening Service
Inaugural Chairperson, Bundaberg & District
Division of General Practice 1998-2003
GPTalk-Back Program presenter,
ABC Radio Wide Bay



Ms Jackie Emery

BN
Assistant Director of
Nursing (Clinical),
Friendly Society
Private Hospital



Prof Andrew Bridges

Bsc (Hons) Applied Psychology (Wales) PhD
(Wales) CPsychol AFBPsS
Professor of Psychology, Central Queensland
University
Dean, School of Health and Human Services,
Central Queensland University



Mr Adrian Pennington

AFACHSM, MAAT, IPFA
(BFM), APSA
CEO, Wide Bay Hospital &
Health Service

SPONSORS



Branyan GP Super Clinic is supported by financial assistance from the Australian Government under the GP Super Clinics Program.

